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spirit traffic

**A MOTHER'S JOURNEY
OF SELF-DISCOVERY
AND LETTING GO**

c. jane taylor

PERSONAL MEMOIR / MID-LIFE / TRAVEL

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ABOUT SPIRIT TRAFFIC

Three days after her son's college graduation, the author sets off with him and her yoga-teacher husband (his stepdad) on a 10,000-mile motorcycle adventure that took them all into uncharted territory-both as novice riders, and as a family.

As if in the saddle of her dual-sport BMW, the reader will experience the good, the bad, and the heartbreak of her journey as a soon-to-be-empty-nester grappling with impermanence, sexuality, hot flashes, high winds, and tailgating tour buses.

Spirit Traffic is at once a colorful travelogue of a bucket-list bikers' route across America and an unflinching memoir of a middle-aged mom conquering her fears (on and off her motorcycle), unpacking a complicated childhood, and ultimately, learning to let go of her only child.

ABOUT C. JANE TAYLOR

Jane is a writer, biker, adventurer, and mom. At the age of 16, she went to Bard College at Simon's Rock where she earned a BA in Literature and Music History. She's been a cook for a baroque orchestra, a sculptor's assistant, a resume writer, and a yoga teacher. She started (and stopped) her own welding shop. She has repaired farm equipment under the blazing sun on the Fourth of July and decorated cakes resembling the Palace of Versailles on Bastille Day. Writing is her foundation.

